

## Your Hearing Matters



### Preparing for your audiology appointment

A little forward planning will help you make sure you get the best out of your appointment with an audiologist.

Use this form to check you have the information your audiologist might want and to note any questions you want to ask during the appointment. Many people take someone else – say, a partner, friend, relative or carer – with them for support. It can be useful to have somebody else there to help take in the information.

### Your priorities

Think about the situations in which you struggle to hear. Your Audiologist will ask you about difficulties you may be having at home, at work and socially. Can you come up with three priorities you'd like to address? They should be the situations you have most difficulty with, or the problems you would most like to resolve. An example could be 'I want to hear better on the telephone'

Write your priorities here

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

### Other information your audiologist might want

Details of any existing long-term conditions you are living with

Details of any recent bouts of illness

A list of any medications you take

Questions to ask your audiologist

Can I see my audiogram or have a copy?

What kind of hearing loss do I have?

Will hearing aids improve my hearing and if so how?

Will there still be situations in which I struggle to hear even with hearing aids?

How can I to get the best out of my hearing aids?

Are there other devices that might help me to hear better?

Would training in lip-reading or deaf awareness techniques help me?

What local support organisations can I find?

**Note additional questions you want to ask here**

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